







Harrington Senior Meals November 2020



Monday	Tuesday	Wednes-	Thursday	Friday
2	3 Quiche Lorraine Steamed Broccoli Garden Salad Fresh Fruit Tray Muffin	4	5 Salisbury Steak with Mushroom Gravy 1/2 Baked Potato Green Beans WW Roll Cherry Cobbler	6 Split Pea & Ham Soup 1/2 Turkey Sandwich Lettuce & Tomato Salad Pineapple Tidbits Whole Grain Crackers Dessert
9	10 Taco Tater 1/2 Baked Potato with all the Taco Fixings Chilled Pears Tortilla Chips Dessert	11 CLOSED 	12 Braised Pork Roast Stuffing & Gravy Roasted Carrots Spinach Salad Fruit Salad Dessert	13 Hungarian Goulash Peas Caesar Salad Waldorf Salad WW Bread or Roll Dessert
16 	17 Tuna & Rice Bake California Vegetables Greek Salad Peaches Garlic Bread Dessert	18	19 Swedish Meatballs Egg Noodles Glazed Carrots Caesar Salad Cherries & Pineapple WW Roll Dessert	20 Oven Fried Chicken Roast Sweet Potato Cuke & Tomato Salad Grapes Biscuit Cereal Bars
23	24 Roast Turkey Mashed Potatoes Stuffing Green Bean Casserole Green Salad Cranberry Salad Pumpkin Pie	25 	26 CLOSED	27 CLOSED 
30				

24 HOURS IN ADVANCE TO RESERVE OR CANCEL



Seniors Age 60 & over—suggested donation \$4.00

Under age 60—\$8.00 FEE

Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979