

Sharon 509-496-4863






Harrington Senior Meals

June 2019



Monday Tuesday Wednesday Thursday Friday



<p>3</p>	<p>4 Chicken Enchiladas Refried Beans Spanish Rice Mexi Corn Lettuce & Tomato Salad Pears Dessert</p>	<p>5</p> 	<p>6 Country Fried Steak Potatoes & Gravy Green Beans Garden Salad Chilled Peaches WW Bread or Roll Dessert</p>	<p>7 Hot Dog Baked Beans Coleslaw Carrot/Raisin Salad Oregon Berries Ice Cream</p>
<p>10</p> 	<p>11 Scrambled Eggs & Ham O'Brien Potatoes Stewed Tomatoes Juice Citrus Salad Banana Nut Mufin</p>	<p>12</p>	<p>13 Deluxe Cheeseburger Coleslaw Apple Celery Salad Dessert</p>	<p>14 Chicken Strips Jo Jo's Broccoli Salad Pea Salad Berry Shortcake</p>
<p>17</p>	<p>18 Roast Beef & gravy Mashed Potatoes Mixed Vegetables Tossed Veggie Salad WW Bread or Roll Fruited Jell-O</p>	<p>19</p> 	<p>20 Chicken Caesar Wrap Tortellini Soup Apples & Grapes Dessert</p>	<p>21 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert</p>
<p>24</p>	<p>25 Chef Salad Corn Chowder Spiced Apples WW Roll Dessert</p>	<p>26</p>	<p>27 Meatballs & Gravy Rice Pilaf Mixed Vegetables Cucumbers in Sour Cream Apricots WW Bread or Roll Dessert</p>	<p>28 French Dip Vegetable Tray Garden Salad Peaches Dessert</p>

Seniors Age 60 & over—suggested donation \$4.00
Under age 60—\$8.50 FEE

Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979

Volunteer Opportunities