







# Harrington Senior Meals January 2019

509-270-6033 Susie



Monday	Tuesday	Wednesday	Thursday	Friday
	1 CLOSED 	2	3 Chicken Cordon Bleu Wild Rice Cooked Carrots Garden Salad Mandarin Oranges Bread Pudding	4 Polish Sausage Sauerkraut Pea Salad Peaches Dessert
7	8 Vegetable Beef Soup Cottage Cheese Spinach Salad Oranges WW Roll Dessert	9 	10 Chicken Fettuccine Carrot Coins Crunchy Pea Salad Garlic Bread Berry Cobbler	11 Cheeseburger Deluxe Coleslaw Fruit Tray Dessert
14	15 Biscuits & Sausage Gravy Stewed Tomatoes Juice Fresh Fruit Blueberry Muffin	16	17 Ham & Au Gratin Potatoes Casserole Mixed Vegetables Spinach Salad Cherries & Pineapple WW Bread or Roll	18 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert
21 CLOSED 	22 Sweet & Sour Chicken Rice Stir Fry Vegetables Cabbage & Apple Slaw Tropical Fruit WW Bread or Roll Dessert	23	24 Chili with Cheese 1/2 Baked Potato Buttered Corn Tossed Green Salad Apple Celery Salad Combread Dessert	25 Tuna Noodle Casserole Peas & Carrots Tossed Salad Peaches Garlic Bread Dessert
28	29 Clam Chowder 1/2 Egg or Tuna Salad Sandwich Kale Slaw Tropical Fruit Dessert	30	31 Hamburger Stroganoff Trio Vegetables Garden Salad Peaches French Bread Dessert	

**Seniors Age 60 & over—suggested donation \$4.00**

**Under age 60—\$8.50 FEE**

Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979