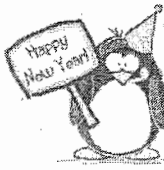


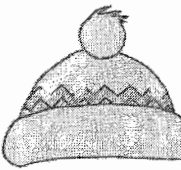


# Harrington Senior Meals January 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED 	2 Corned Beef Stew Mediterranean Salad Waldorf Salad WW Roll Dessert	3 Au Gratin Potatoes & Ham Casserole Mixed Vegetables Spinach Salad Citrus Salad WW Bread or Roll Lemon Bars	4	5
8 Chicken Cordon Bleu Wild Rice Cooked Carrots Garden Salad Mandarin Oranges Bread Pudding	9 Cheeseburger Deluxe Coleslaw Fruit Tray Dessert	10 Tuna Noodle Casserole Peas & Carrots Tossed Salad Peaches Garlic Bread Dessert	11	12 
15 CLOSED 	16 Hamburger Stroganoff Trio Vegetables Garden Salad Peaches French Bread Dessert	17 Clam Chowder 1/2 Egg or Tuna Salad Sandwich Green Beans Kale Slaw Tropical Fruit Dessert	18	19
22 French Dip Pickled Beets Carrot Raisin Salad Waldorf Salad Dessert	23 Chicken Fettuccine Steamed Broccoli Caesar Salad Garlic Bread Berry Cobbler	24 Vegetable Beef Soup Cottage Cheese Spinach Salad Oranges WW Bread or Roll Dessert	25	26
19 Polish Sausage Red Potatoes Sauerkraut Pea Salad Peaches WW Roll Dessert	30 Chili with Cheese Buttered Corn Tossed Green Salad Apple Celery Salad Cornbread Dessert	31 Biscuits & Sausage Gravy Oven Browned Potatoes Fresh Fruit Juice Blueberry Muffin		

**Seniors Age 60 & over—suggested donation \$4.00**

**Under age 60—\$8.50 FEE**

Please call the Nutrition Director for more information about  
the Home Delivered Meal program toll-free 844-826-7979