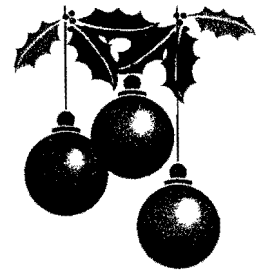


# Harrington Senior Meals December 2017



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

				1
4 Ham & Cheese Quiche Steamed Broccoli Garden Salad Orange Quarters Blueberry Muffin	5 Chef Salad Corn Chowder Garlic & Red Pepper Penne Pasta Spiced Apples WW Roll Dessert	6 Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Dessert	7	8
11 Egg Salad Sandwich Broccoli/Cheese Soup Tossed Veggie Salad Mixed Berries Dessert	12 Pork Chops Mashed Potatoes Roasted Squash Garden Salad Applesauce Biscuit with Chives Dessert	13 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Bread or Roll Dessert	14	15
18 Roast Beef Sandwich Potato Soup Orange Quarters Dessert	19 Chicken Cordon Bleu Parsley Potatoes Peas & Carrots Tossed Green Salad WW Bread or Roll Fruit Crisp	20 Baked Ham Scalloped Potatoes Green Beans Chopped Kale Salad Applesauce Bread Pudding	21	22 <b>CLOSED</b>  
25 	26 BBQ Meatballs Mashed Potatoes Mixed Vegetables Spinach Salad Fruit Cocktail WW Bread or roll Dessert	27 Chicken Fettuccine Italian Vegetables Caesar Salad Bread Sticks Apple Crisp	28	29

**Seniors Age 60 & over—suggested donation \$3.50**

**Under age 60—\$8.00 FEE**

Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979